

Colombo Friend-in-Need Society

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Approved Charity No: 144/84 (inaugurated 16th March 1831) Jaipur Foot Program |

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The following information is shared with you to give you an idea of the background of what is required to organize and conduct a mobile limb and health screening camp.

Please find attached the info letter explaining all facilities available on the mobile medical screening bus of CFINS. You can see photos of mobile camps held in the following album link. This will give you an idea of the scope and scale, based on the selected location and number of people to be screened. Please fill the attached checklist with camp budget and patient data sheet and submit it two to three months in advance.

Link to the photo gallery: <https://photos.app.goo.gl/eadoWyJX3dDMb15w9>



The Optometrist, and Audio Technologist should be ideally from the regional hospital or city close to the camp, to provide a better follow up and referral facility to patients. MO / Doctor from the area to give the referral notes to the local hospital. Best to get the PHI and MOH involved, with the referral note pad & seal. Usually, they will ask the NCD unit of the closest government hospital to manage the screening. Therefore, we complement the services already provided by the MOH. For this the RDHS or PDHS approval is obtained in advance. The MOH (Medical Officer of Health) or RDHS (Regional Director Health Service) of the area can be a

good point of contact to obtain nursing staff and a Medical Office (MO) serving in the area so that the language and other social barriers will be minimized. In certain areas, the PHI also assists in the camp operations and registry functions, for follow up action.

The three blood pressure meters and the three diabetes screening testers can also be used by nursing staff, where the reading is taken, and once and if the BMI test is also done, the patient would be seen by a MO who will advise the patient individually or as a group about the areas of concern and what follow up action is required or referral. They should emphasize the bad effects of chewing beetle, alcohol, smoking and drugs, individually or as a group and also provide health, nutrition, hygiene and sanitation advise.

The maximum numbers that can be screened in general from 8.30 am to 4 pm would be as follows.

Eye screening by OT using the Auto Refractor Kerator Meter and Slit Lamp would be 250 nos

Hearing test screening would be 20 nos. (school going children are generally given preference)

Reading glasses screening that can be done outside the bus would be 250 nos

Diabetes screening, blood pressure screening and BMI test that can be done outside the bus would also be up to 250 nos

Cost of conducting the Camp

The cost of providing the bus with all equipment listed in the attached letter (excluding the prosthetic section) would be Rs 200,000 for one day, 240k for 2 days, Rs 280,000 for 3 days and Rs 320,000/- for 4 days. The cost for each additional day that the bus is at camp stationery would be Rs 40,000/-. This includes the fuel cost up and down to the area, the driver, cleaner and the Manager (who will assist in the general operations of the camp and help you to manage all functions. He can also coordinate with your staff, to advise the procedure to set up the flow chart, register, record, dispense reading spectacles etc.. We will also provide the main registration sheet based on the number of patients expected at the camp. The additional cost for consumables would be required only for the diabetes screening needles (lancets) which cost Rs 20 each plus Rs 100 for the test strip and paid based on number of patients (lancets used) tested. This can also be obtained from the Hospital NCD Unit.

Kindly provide the food and lodging for the 3 staff from CFINS above in a suitable manner, for the camp duration.

We can also provide the metal or plastic frame reading spectacles to persons. In general, most people over 40 years would require reading glasses. The cost of the plastic / metal frame with reading lenses is Rs 400 each. This has only a polythene cover, and if you require a hard case, the cost would be Rs 100 each. It is not essential to have an OT to screen patients to provide reading specs. Any nursing staff can be trained to do the screening, as the general strength of the lenses can be identified by the age of the person, and the exact strength tested thereafter.

In addition to the above you would require the assistance of the mid wife / MO, nursing staff (6 nos) plus some

extra persons to register, crowd / que manage (4), provide refreshments etc.. You can also obtain assistance from the estate office, supervisors or factory staff who will be able to communicate and manage matters easily.

Kindly also budget for suitable refreshments, especially if you request patients to come for a FBS (Fasting blood sugar) test where at least a bun and a packet of milk should be provided once they obtain the diabetes test after fasting for 12 hours.

In the event that prosthetic limbs have to be provided, the following additional information is provided.

6 extra technical staff from CFINS will come for the project.

You must provide meals, refreshments, accommodation for this extra staff.

You must contact the Social Services Dept office in the Divisional Secretariat (DS) and obtain the list of persons using artificial limbs and contact each person individually and inform about the camp and inquire if they need any repairs or a new limb. Also, the information such as age, below the knee or above the knee, left or right side, size of shoe, cause of amputation, repair or new limb required, contact number and ID No. If the limb is to be provided free of charge, the Grama Sevaka (GS) or Social Services Dept officer of the area must confirm the person is from a low-income family and request a free limb. The cost of a HDP prosthetic BK (Below the knee) limb is Rs 23,000/- and AK (Above the knee) is Rs. 33,000/-, and all the free limbs are provided based on donations received.

If there is a location which has more than 25-30 persons requiring new limbs, it will be possible to conduct a mobile camp. We can produce approx 10 below the knee limbs per day on site. The above the knee limbs can be provided in Colombo after obtaining prior approval.

Supply requirements to be provided at the Camp Site by the organizer / sponsor:

15 AMP 2 nos power connections required within 100 feet of the stationery bus at the camp to obtain power. Additional patient waiting area, depending on the numbers, and a registration table and tables to conduct the Diabetes, Blood Pressure, BMI tests preferably indoors. Nursing and a Medical Officer from the area to conduct the above tests and provide advice and guidance to patients based on results with special advice on dangers of Alcohol, Smoking, Drugs, Sugar & Chewing Beetle should be also provided in most cases. Also, an awareness program about personal hygiene, nutrition, health, and sanitation should also be done for the people in the waiting area by a qualified officer (MOH). Persons to handle the registration, crowd / que management, aid the elderly / disabled and provide refreshments etc. As the bus is 40 feet long and 14 feet high, the access road to the camp site should be checked to ensure entry and exit, along with the ease of access for patients.

Please feel free to contact me for any further information or clarifications required.

Secretary – Mobile Medical Unit / Board Member
Colombo Friend in Need Society

Encl: Equipment installed in the bus, which can be utilized for the camp.

Education & Propaganda:

PA (public address) System with microphone which can be also linked to the external TV video sound and to make announcements.

42 inch TV which can be mounted outside the bus facing the waiting area or on a portable stand in a hall to display health awareness material. 19 inch TV inside the bus waiting area seating 9 persons, which can be used for the CCTV system or education connected to a DVD player.

Fully Air-conditioned, with a generator and a toilet for medical staff use.

Exterior awnings to provide a shaded area for patients awaiting service (including a TV)

Prosthetic Limb workshop equipment: Oven, Compressor, Anvil, Bench drill, Electrical tools, parallel bars, etc.. 3 blood pressure meters, 3 diabetes testing kits, weighing scale and height measurement for BMI tests.

Toilet for the use of the medical staff inside the bus, with wash facilities.

Vision Testing equipment available on the bus

Shin Nippon SL-40 Slit Lamp - For the usage of Ophthalmic Medical Officer

Shin Nippon SLTM Applanation Tonometer - For the usage of Ophthalmic Medical Officer

Neotech Motorized Instrument table

Shin-Nippon ACCUREF K - 900 Auto Ref Keratometer (With Kerato Reading) for Ophthalmic Technologist's usage
Neotech Motorized Instrument table

Double Vision Box with numbers and letters 01 No for subjective refraction of Ophthalmic Technologist's usage

Red & Black Trial Lens Box with trial Frame 01 No for subjective refraction of Ophthalmic Technologist's usage

NEITZ BX α – 13 Ophthalmoscope 01 No for Ophthalmic Technologist's usage

NEITZ Rx - 13 Retinoscope No for Ophthalmic Technologist's usage

Lensometer

Hearing Testing equipment available on the bus

Interacoustics AS608 Screening Audiometer

Heine Mini 3000 Otoscope

Interacoustics Titan Oto - Titan hardware device, Diagnostic and screening software modules TEOAE & DPOAE

With LAPTOP PC & Printer

Heine MD 1000 F.O Headlight with HK 7000 projector